



The Moment Our Baby Arrived

It was 7:30 AM and my wife, Kember, started labor. The moment we had been waiting 41 weeks for had finally arrived. Will labor and delivery be fast or slow? Will everything go smooth or will there be complications? Before we get to the details let me relate some history.

My wife has a lumbar dextroscoliosis and pelvic imbalance that had affected her menstrual cycles. She began upper cervical chiropractic adjustments and Bio Cranial 4 years prior to getting pregnant. This care significantly reduced her scoliosis and leveled the pelvis, as well as regulating her cycles. She continued Bio Cranial and instrument assisted chiropractic adjustments throughout her pregnancy, even being corrected the night before she went in to labor.

So here we are, back to 7:30 AM and Kember is starting labor. She is doing wonderful. Everything she learned from the Bradley Method birthing classes that she has practiced many times seems to be effortless. She is perfectly relaxed in between contractions and does a flawless job of deep belly breathing through the contractions. The midwife arrived at 10:30 AM and not a moment too soon.

Her first check indicated that Kember was dilated to a 9 so our baby would enter the world very soon. After another hour of laboring and 11 minutes of pushing our son, Baden, was born with an APGAR score of 9. My wife insists that an unmedicated, natural birth is the only way she would want to have a baby. The midwife related that the labor and delivery was the quickest progression she has ever seen for a first time mom.

From the moment he arrived, Baden has been very alert and active. He received his first Bio Cranial before he was even one hour old and has continued to receive Bio Cranial corrections weekly. I believe that because of his correction she has had better head control, better focus and concentration, as well as less spitting up.

Baden is now 8 months old and has never had colic, or an ear infection, or had anything more than a runny nose or a cough. Obviously I can't say that Bio Cranial is the only reason he is healthy and full of vitality, however, I do believe that in combination with breast feeding and lots of playing, that Bio Cranial has played a vital role in his young life.

The main thing that has impressed me with the Bio Cranial System has been it's ability to allow the normal processes of life be "uncomplicated" because it allows the body to function exactly as it's designed.

Matthew D. Allen, DC Stillwater, Oklahoma