



## The Bio Cranial System and Fertility

### My Mini-Sized Miracle

I'm convinced that God's biggest miracles most often come mini-sized. The simple things frequently have great complexity in their structure - the intricacy of a snowflake ... the lines in a rock formation ... a leaf as it changes from green to red-orange. It's those simple things that should make us stop, detox our thought processes, change our perspective and realign our "big picture" vision. Our purpose is so much greater than anything we could ever conceive when we are caught in our own headspace.

Unfortunately, as humans we like to complicate the process. We like to rely on our own strength and get the quick fix. We zero in and treat symptoms rather than tapping the source of our ailments. We fail to see how the pain in one area affects the body as a whole. It was the beginning of this realization that brought me to visit a non-traditional wellness center after dealing with chronic irritable bowel syndrome from my late teens into my early thirties.

However, after a year and half of colonic hydrotherapy sessions and supplements my husband Philip and I were dealing with another issue, infertility. I guess we had been a bit used to having a relatively easy conception process. Our two older daughters took about a month from the time we decided to get pregnant to seeing a pink plus line on the test. After having the two older girls, my gynecologist told me that I had developed a significant tip to my uterus and according to her there was nothing that could really be done to change that. I also learned during a session at the wellness center that I was deficient in my fatty acids which was complicating the process. With the factors turned less in our favor and after 6 months of trying for our third child, we decided that maybe it simply wasn't in God's plan for our family.

It was during this time in our hydrotherapy sessions, that my therapist started talking about the benefits of Bio Cranial. I have to admit, I was a skeptic. She told me about a number of women members who had dealt with infertility issues or other complaints that found Bio Cranial to produce positive results. The first thing that popped in my mind was flashbacks of those "but wait, there's more" infomercials. It just sounded too good to be true and I was determined not to be suckered in.

I can still remember the day I found myself on that table for my first Bio Cranial procedure. I was in the middle of a detox complicated with the stress of a 14-day blackout in the middle of an Ozark Mountain ice storm. I was dealing with heinous foot pain and ready to try anything that promised relief.

At first I thought, how in the world can something that looks like an intense neck stretch make so much difference in someone's overall well-being? I had to experience it for myself to realize this seemingly simplistic manipulation is very intricate in its design and process as it brings the body back into balance. I can remember after the first stretch, I felt an electrical pulse traveling from the top of my head, to my abdomen, then down to my heel. As I got up from the table I had an amazing feeling of lightness and my foot pain was gone! But as I got my shoes back on I kind of blew off the words, "By the way, Bio Cranial can wake up the neuro pathways that allow women to be fertile." I thought to myself, Yeah, right. One little head stretch and I'm pregnant?! I'll believe that when I see it.

Little did I know that the table would do more than help my foot feel better, that table changed our lives. Just over two weeks after my first experience with Bio Cranial, (ironically, the day after my husband and I had the, "I think we should stop trying" talk), I called my husband at work to tell him I had a late Valentines Day present for him. He was going to be a daddy for the third time.

I continued to have my cranial work from my first to the third trimester, which significantly alleviated the sciatic pain that plagued me during my first two pregnancies and on October 10, 2007, our mini -sized, 8-pound, 8-ounce miracle arrived. Penelope Grace joined her sisters Saffron (7) and Imogen (4). Her name means "weaver of grace." It serves as a constant reminder of a verse that echoes the miraculous fingerprint of the Creator: "For You formed my inward parts; You wove me in my mother's womb. I will give thanks to You, for I am fearfully and wonderfully made ..." – Psalms 139:13-14 (NASB)

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