

## A Tale from the Field on Fibromyalgia

In 2003, my family and I relocated from our home in New York State to Texas. Within a few months, I opened a practice. When I encountered a patient named Jackie Kidder, I realized at an entirely new level just how powerful a healing modality Bio Cranial Therapy™ is.

In Mark's words: "My wife (Jackie), was a very active and physically fit woman who felt great physically and mentally. She loved life! She worked out 4-5 days a week with hour long aerobics classes and a weight training plan. She ate healthy, didn't smoke, took no medication at all. She cut the grass, washed the cars, cooked every night, and kept the house neat as a pin. In short, she was unstoppable!

On July 23, 1995 while looking for a birthday card in a Wal-Mart in Katy, TX, she lifted up her head and "saw stars." She was in so much pain, she had to sit on the floor in the store for about 15 minutes. She left the cards behind and barely made it home. At that moment our lives were instantly changed forever." Jackie endured nine years of pain from unrelenting fibromyalgia and horrific migraines. Later she developed restless leg syndrome. The Kidders visited specialist after specialist: multiple pain management doctors, neurologists and neurosurgeons and holistic practitioners, including team physicians in a futile attempt to find some relief for her and restore her to a healthy and pain free state. She took all kinds of drug cocktails, that included Carisoprodol (SOMA, a powerful muscle relaxer) and LORTAB (an addictive pain medication) and Imitrex selfinjections for the migraines.

As her condition worsened, she was prescribed morphine patches like the ones used for terminal cancer patients. When medications like these and, Celebrex, Xanax and Elevel were ineffective, she even underwent catheterization to deliver steroids to the point of pain.

After nine years of suffering and over \$100,000 in out-of-pocket expenses, Jackie's problems were solved through the Bio Cranial Therapy™ she received in my office within a very short time. She currently sees me on a very infrequent basis for maintenance care. It has been a privilege to work with the Kidders, who have generously guided many other fibromyalgia patients to me and to other trained and certified Bio Cranial Practitioners.

Stuart Marmorstein, DC